

# *Our Lady Help of Christians Academy*

## Allergy Action Plan 2024-2025 Academic Year

### Part I: to be completed by parent or guardian

Date: \_\_\_\_\_

Name of Student: \_\_\_\_\_

Grade: \_\_\_\_\_

Person(s) to notify in case of an acute allergy episode:

\_\_\_\_\_  
*Name and relationship to student*

\_\_\_\_\_  
*telephone*

\_\_\_\_\_  
*Name and relationship to student*

\_\_\_\_\_  
*telephone*

Physician:

\_\_\_\_\_  
*Name of physician (first and last) PLEASE PRINT*

\_\_\_\_\_  
*telephone*

\_\_\_\_\_  
*Physician street address*

\_\_\_\_\_  
*City, State, ZIP*

### Part II: to be completed by physician

Signs of an acute allergy episode:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Steps to take, including medications used and dosages:

1. \_\_\_\_\_

2. \_\_\_\_\_

List of allergens likely to trigger acute allergy episodes.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Signed \_\_\_\_\_

*Physician Signature*

\_\_\_\_\_

*Date*